



International Network for Energy Healing: Online Conference

We warmly invite you to join us for an online conference celebrating and sharing aspects of energy healing and esoteric philosophy that support our theme of 'Living as the Awakened Heart.'

Saturday 10 & Sunday 11 January 2026

Start Time: 7am PT/ 10am ET/ 3pm UK/ 4pm Holland, Germany/ 5pm Greece

End Time: 11am PT/ 2pm ET/ 7pm UK/ 8pm Holland, Germany/ 9pm Greece

Duration: 4 hours per day with a 15-minute break

A programme of meditation, healing insights, practical exercises, and new ways of understanding esoteric wisdom await, presented by our network of INEH teachers and valued contacts. No prior healing experience is necessary – just an interest in the subject and an open heart.

Highlights include:

- A keynote address from renowned Ageless Wisdom teacher and our friend, William Meader, who will talk about the deeper esoteric relevance of the heart and love (to include a Q&A session).
- Supporting the process of living more fully with an awakened heart: a case study from Steve Kramer.
- Philosophical insights on the Doctrine of the Heart with Shideh Pouria.
- Living and working with the awareness that love is the carrier wave: a presentation from Martha Henry-MacDonald.
- The heart and the field of the Atman: a presentation with practical by Jen Wolffis.
- Aligning with the wisdom of the heart to enhance group interactions – sharing techniques that anyone can use, with Margreet Rost van Tonningen and Sophie Northolt.
- A healing meditation and visualisation for personal, group, global and planetary healing.

Presentations will be in English, with the option to view sub-titles translated into your language via Zoom.

The price for both days (8-hours) is £42 (approx \$55/ €48)
(donations are accepted if the full cost is a barrier)

Please register and make payment [HERE](#).

We look forward to being with you in January.

With much love from your INEH Conference Team
Martha, Steve, Margreet, Constance & Susannah